

SINGLE PRESS RELEASE

## Long-Distance *Be a Man*



**Band:** Long-Distance

**Single:** Be a Man

**Release Date:** 16th March 2018

**For Fans of...** Amber Run, Nothing But Thieves, Coasts

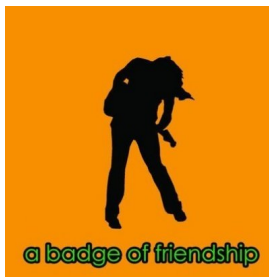
*"...hauntingly atmospheric..."* - **Little Indie Blogs**

Glasgow artist **Long-Distance** prepare to release their latest single ***Be a Man***, out on **16th March 2018**.

*Be a Man* is moving single that deals with the aftermath of losing a parent. Lead singer **Scott Gibbins** explains "It is about dealing with grief and trying to fill those shoes as a family unit. It is also a thank you to my mother, for helping me learn how to support her now her husband is gone." *Be a Man* feels instantly intimate and undeniably sincere. Gibbins' strong, haunting lead vocal is able to soar effortlessly over cinematic soundscapes to create something truly atmospheric, sounding akin to the likes of **Amber Run** or **Nothing But Thieves**.

Already a regular on the Scottish circuit, Long-Distance have played venues such as Nice and Sleazy's, The Buff Club and The Record Factory to name a few. For the band - made up of **Scott Gibbins**, **Jonathan Cairns** (guitar), **Andrew McLaughlin** (bass) and **David McManus** (drums) - compassion is key, and as a result will be giving all profits from this single to the Simon Community Scotland charity.

***Be a Man*** is out **16th March 2018**.



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